

P.E Year Plan

Autumn

Oak	Holly	Ash	Willow	Maple	Beech
Physical literacy unit 1	Attack Defend Shoot Unit 1	football	football	Swimming	Swimming
Physical literacy unit 2	Attack Defend Shoot Unit 2	netball	netball	netball	netball
Physical literacy unit 3	Hit Catch Run Unit 1	Hockey (optional)	Hockey (optional)	football	football

Spring

Oak	Holly	Ash	Willow	Maple	Beech
Gymnastics unit 1	Gymnastics Unit 1	Swimming	Swimming	Gymnastics 1	Gymnastics 1
Gymnastics unit2	Gymnastics Unit 2	Gymnastics 1	Gymnastics 1	Gymnastics 1	Gymnastics 2
Dance	Dance	Dance	Dance	Dance	Dance

Summer

Oak	Holly	Ash	Willow	Maple	Beech
Swimming	Swimming	Cricket	Cricket	Cricket	Cricket
Physical literacy unit 4 (balanced with athletics)	Year 1 Send & Return Unit 1	Athletics	Athletics	Athletics	Athletics
Physical literacy unit 5 (balanced with cricket)	Year 1 Run Jump Throw Unit 1				